



# TOHKON JUDO ACADEMY

## 2020 FUNDAMENTALS CLASS SCHEDULE

	Monday & Wednesday	JANUARY 13 & 15	PRIMARY	SECONDARY
1	Tachiwaza (standing technique)	Ouchi Gari: (Major / Large Inner Reap)	Doug Tono	Davor Vasiljevic/Ann Berends
	Tachiwaza (standing technique)	Sasae Tsurikomi Ashi: ( Proping Ankle Throw)	Doug Tono	Davor Vasiljevic/Ann Berends
	Newaza (grappling technique)	Hiza Guruma: (Knee Wheel)	Doug Tono	Davor Vasiljevic/Ann Berends
	Newaza (grappling technique)	Hadaka, Okuri Eri & Kataha Jime	Doug Tono	Davor Vasiljevic/Ann Berends
	Newaza (grappling technique)	Teach Randori applications for above chokes from behind uke.	Doug Tono	Davor Vasiljevic/Ann Berends
	Monday & Wednesday	JANUARY 20 & 22	PRIMARY	SECONDARY
2	Tachiwaza (standing technique)	Uki Goshi: (Floating Hip Throw)	Ann Berends	Fernando Saz
	Tachiwaza (standing technique)	Hane Goshi: (Springing Hip Throw)	Ann Berends	Fernando Saz
	Newaza (grappling technique)	Ude Gatame	Ann Berends	Fernando Saz
	Newaza (grappling technique)	Teach Randori applications for above armlock. From guard position.	Ann Berends	Fernando Saz
		Monday & Wednesday	JANUARY 27 & 29	PRIMARY
3	Tachiwaza (standing technique)	Tsurikomi Goshi: (Lift Pull Hip Throw)	Fernando Saz	Rachel Arndt
	Tachiwaza (standing technique)	Sode Tsurikomi Goshi: (Lifting Pulling Sleeve Throw)	Fernando Saz	Rachel Arndt
	Newaza (grappling technique)	Tate & Kuzure Tateshiho Gatame	Fernando Saz	Rachel Arndt
	Newaza (grappling technique)	Teach turn overs to above pins. Front knee, backward rollover.	Fernando Saz	Rachel Arndt
		Monday & Wednesday	FEBRUARY 3 & 5	PRIMARY
4	Tachiwaza (standing technique)	Tai Otoshi: (Body Drop)	Rachel Arndt	Travis Yamanaka/Doug Tono
	Tachiwaza (standing technique)	Kata Guruma: (Shoulder Wheel)	Rachel Arndt	Travis Yamanaka/Doug Tono
	Newaza (grappling technique)	Ude Hishigi Juji Gatame	Rachel Arndt	Travis Yamanaka/Doug Tono
	Newaza (grappling technique)	Teach Randori applications for above armlock.	Rachel Arndt	Travis Yamanaka/Doug Tono
		Monday & Wednesday	FEBRUARY 10 & 12	PRIMARY
5	Tachiwaza (standing technique)	Ko Uchi Gari: ( Minor / Small Inner Reap)	Travis Yamanaka	Felix Lanier
	Tachiwaza (standing technique)	Tomoenage & Yoko Tomoenage: (Back & Side Sacrafice Throw)	Travis Yamanaka	Felix Lanier
	Newaza (grappling technique)	Ude Hishigi Waki Gatame & Ushiro Kesa Gatame	Travis Yamanaka	Felix Lanier
	Newaza (grappling technique)	Teach Randori applications. Turtle position sit through.	Travis Yamanaka	Felix Lanier
		Monday & Wednesday	FEBRUARY 17 & 19	PRIMARY
6	Tachiwaza (standing technique)	Okuri Ashi Barai: (Foot Sweep)	Felix Lanier	Davor Vasiljevic
	Tachiwaza (standing technique)	Harai Tsurikomi Ashi: (Lifting Pulling Foot Sweep)	Felix Lanier	Davor Vasiljevic
	Newaza (grappling technique)	Hiza Gatame	Felix Lanier	Davor Vasiljevic
	Newaza (grappling technique)	Teach Randori applications for above armlock. Guard Position.	Felix Lanier	Davor Vasiljevic
		Monday & Wednesday	FEBRUARY 24 & 26	PRIMARY
7	Tachiwaza (standing technique)	Harai Goshi: (Hip Sweep)	Davor Vasiljevic	Omar Marquez
	Tachiwaza (standing technique)	Uchi mata: (Inner Thigh Reaping Throw)	Davor Vasiljevic	Omar Marquez
	Newaza (grappling technique)	Tsukomi, Ryote & Sode Guruma Jime	Davor Vasiljevic	Omar Marquez
	Newaza (grappling technique)	Teach Randori applications for above chokes. Top position.	Davor Vasiljevic	Omar Marquez
		Monday & Wednesday	MARCH 2 & 4	PRIMARY
8	Tachiwaza (standing technique)	O Soto Gari: (Major / Large Outer Reap)	Omar Marquez	Sandra Hauptmann/Doug Tono
	Tachiwaza (standing technique)	Kosoto Gari: (Minor Outer Reap)	Omar Marquez	Sandra Hauptmann/Doug Tono
	Newaza (grappling technique)	Kesa, Kata & Kuzure Kesa Gatame	Omar Marquez	Sandra Hauptmann/Doug Tono
	Newaza (grappling technique)	Turn overs from kneeling and turtle positions. 1/2 Nelson Series.	Omar Marquez	Sandra Hauptmann/Doug Tono
		Monday & Wednesday	MARCH 9 & 11	PRIMARY
9	Tachiwaza (standing technique)	O Goshi: (Major / Large Hip Throw)	Sandra Hauptmann	David Becker
	Tachiwaza (standing technique)	Sumi Gaeshi: (Corner Throw)	Sandra Hauptmann	David Becker
	Newaza (grappling technique)	Yoko & Kuzure Yokoshiho Gatame	Sandra Hauptmann	David Becker
	Newaza (grappling technique)	Turn overs from kneeling and turtle positions. Cross Face Series.	Sandra Hauptmann	David Becker
		Monday & Wednesday	MARCH 16 & 18	PRIMARY
10	Tachiwaza (standing technique)	Koshi Guruma: (Hip Wheel / Head Throw)	David Becker	Victor Perez
	Tachiwaza (standing technique)	Uki Waza: ( Floating Throw)	David Becker	Victor Perez
	Newaza (grappling technique)	Kata, Gyaku & Nami Juji Jime	David Becker	Victor Perez
	Newaza (grappling technique)	Teach Randori applications for above chokes. Top position.	David Becker	Victor Perez
		Monday & Wednesday	March 23 & 25	PRIMARY
11	Tachiwaza (standing technique)	Ippon Seoinage & Morote Seoinage (One & Two Arm Shoulder Throw)	Victor Perez	Doug Skites
	Tachiwaza (standing technique)	Ura nage: ( Back Throw)	Victor Perez	Doug Skites
	Tachiwaza (standing technique)	Yoko Guruma: ( Side Wheel)	Victor Perez	Doug Skites
	Newaza (grappling technique)	Ude Garami	Victor Perez	Doug Skites
	Newaza (grappling technique)	Teach Randori applications for above armlock. Guard & Top Position.	Victor Perez	Doug Skites
	Monday & Wednesday	March 30 & April 1	PRIMARY	SECONDARY
12	Tachiwaza (standing technique)	De Ashi Barai: Apply (Forward Foot Sweep)	Doug Skites	Ann Berends
	Tachiwaza (standing technique)	Yoko Gake; (Side Body Drop)	Doug Skites	Ann Berends
	Newaza (grappling technique)	Kami & Kuzure Kamishiho Gatame	Doug Skites	Ann Berends
	Newaza (grappling technique)	Teach turn overs to above pins. Back knee, forward rollover.	Doug Skites	Ann Berends
		Monday & Wednesday	APRIL 6 & 8	PRIMARY
13	Tachiwaza (standing technique)	Ouchi Gari: (Major / Large Inner Reap)	Ann Berends	Felix Lanier/Doug Tono
	Tachiwaza (standing technique)	Sasae Tsurikomi Ashi: ( Proping Ankle Throw)	Ann Berends	Felix Lanier/Doug Tono
	Tachiwaza (standing technique)	Hiza Guruma: (Knee Wheel)	Ann Berends	Felix Lanier/Doug Tono
	Newaza (grappling technique)	Hadaka, Okuri Eri & Kataha Jime	Ann Berends	Felix Lanier/Doug Tono
	Newaza (grappling technique)	Teach Randori applications for above chokes from behind uke.	Ann Berends	Felix Lanier/Doug Tono



# TOHKON JUDO ACADEMY

## 2020 FUNDAMENTALS CLASS SCHEDULE

			PRIMARY	SECONDARY
14	<b>Monday &amp; Wednesday</b>	<b>APRIL 13 &amp; 15</b>		
	Tachiwaza (standing technique)	Harai Goshi: (Hip Sweep)	Felix Lanier	Travis Yamanaka
	Tachiwaza (standing technique)	Uchi mata: (Inner Thigh Reaping Throw)	Felix Lanier	Travis Yamanaka
	Newaza (grappling technique)	Tsukomi, Ryote & Sode Guruma Jime	Felix Lanier	Travis Yamanaka
	Newaza (grappling technique)	Teach Randori applications for above chokes. Top position.	Felix Lanier	Travis Yamanaka
15	<b>Monday &amp; Wednesday</b>	<b>APRIL 20 &amp; 22</b>		
	Tachiwaza (standing technique)	O Soto Gari: (Major / Large Outer Reap)	Travis Yamanaka	Rachel Arndt
	Tachiwaza (standing technique)	Kosoto Gari: (Minor Outer Reap)	Travis Yamanaka	Rachel Arndt
	Newaza (grappling technique)	Kesa, Kata & Kuzure Kesa Gatame	Travis Yamanaka	Rachel Arndt
	Newaza (grappling technique)	Turn overs from kneeling and turtle positions. 1/2 Nelson Series.	Travis Yamanaka	Rachel Arndt
16	<b>Monday &amp; Wednesday</b>	<b>APRIL 27 &amp; 29</b>		
	Tachiwaza (standing technique)	O Goshi: (Major / Large Hip Throw)	Rachel Arndt	Davor Vasiljevic
	Tachiwaza (standing technique)	Sumi Gaeshi: (Corner Throw)	Rachel Arndt	Davor Vasiljevic
	Newaza (grappling technique)	Yoko & Kuzure Yokoshiho Gatame	Rachel Arndt	Davor Vasiljevic
	Newaza (grappling technique)	Turn overs from kneeling and turtle positions. Cross Face Series.	Rachel Arndt	Davor Vasiljevic
17	<b>Monday &amp; Wednesday</b>	<b>MAY 4 &amp; 6</b>		
	Tachiwaza (standing technique)	Koshi Guruma: (Hip Wheel / Head Throw)	Davor Vasiljevic	Fernando Saz
	Tachiwaza (standing technique)	Uki Waza: ( Floating Throw)	Davor Vasiljevic	Fernando Saz
	Newaza (grappling technique)	Kata, Gyaku & Nami Juji Jime	Davor Vasiljevic	Fernando Saz
	Newaza (grappling technique)	Teach Randori applications for above chokes. Top position.	Davor Vasiljevic	Fernando Saz
18	<b>Monday &amp; Wednesday</b>	<b>MAY 11 &amp; 13</b>		
	Tachiwaza (standing technique)	Ippon Seoinage & Morote Seoinage (One & Two Arm Shoulder Throw)	Fernando Saz	Omar Marquez
	Tachiwaza (standing technique)	Ura nage: ( Back Throw)	Fernando Saz	Omar Marquez
	Tachiwaza (standing technique)	Yoko Guruma: ( Side Wheel)	Fernando Saz	Omar Marquez
	Newaza (grappling technique)	Ude Garami	Fernando Saz	Omar Marquez
	Newaza (grappling technique)	Teach Randori applications for above armlock. Guard & Top Position.	Fernando Saz	Omar Marquez
19	<b>Monday &amp; Wednesday</b>	<b>May 18 &amp; 20</b>		
	Tachiwaza (standing technique)	De Ashi Barai: Apply (Forward Foot Sweep)	Omar Marquez	Sandra Hauptmann
	Tachiwaza (standing technique)	Yoko Gake; (Side Body Drop)	Omar Marquez	Sandra Hauptmann
	Newaza (grappling technique)	Kami & Kuzure Kamishiho Gatame	Omar Marquez	Sandra Hauptmann
	Newaza (grappling technique)	Teach turn overs to above pins. Back knee, forward rollover.	Omar Marquez	Sandra Hauptmann
20	<b>Monday &amp; Wednesday</b>	<b>May 25 - NO JUDO MEMORIAL DAY &amp; MAY 27</b>		
	Tachiwaza (standing technique)	Ouchi Gari: (Major / Large Inner Reap)	Sandra Hauptmann	Doug Skites
	Tachiwaza (standing technique)	Sasae Tsurikomi Ashi: ( Proping Ankle Throw)	Sandra Hauptmann	Doug Skites
	Tachiwaza (standing technique)	Hiza Guruma: (Knee Wheel)	Sandra Hauptmann	Doug Skites
	Newaza (grappling technique)	Hadaka, Okuri Eri & Kataha Jime	Sandra Hauptmann	Doug Skites
	Newaza (grappling technique)	Teach Randori applications for above chokes from behind uke.	Sandra Hauptmann	Doug Skites
21	<b>Wednesday Only</b>	<b>JUNE 1 &amp; 3</b>		
	Tachiwaza (standing technique)	Uki Goshi: (Floating Hip Throw)	Doug Skites	David Becker/Doug Tono
	Tachiwaza (standing technique)	Hane Goshi: (Springing Hip Throw)	Doug Skites	David Becker/Doug Tono
	Newaza (grappling technique)	Ude Gatame	Doug Skites	David Becker/Doug Tono
	Newaza (grappling technique)	Teach Randori applications for above armlock. From guard position.	Doug Skites	David Becker/Doug Tono
22	<b>Monday &amp; Wednesday</b>	<b>JUNE 8 &amp; 10</b>		
	Tachiwaza (standing technique)	Tsurikomi Goshi: (Lift Pull Hip Throw)	David Becker	Victor Perez
	Tachiwaza (standing technique)	Sode Tsurikomi Goshi: (Lifting Pulling Sleeve Throw)	David Becker	Victor Perez
	Newaza (grappling technique)	Tate & Kuzure Tateshiho Gatame	David Becker	Victor Perez
	Newaza (grappling technique)	Teach turn overs to above pins. Front knee, backward rollover.	David Becker	Victor Perez
23	<b>Monday &amp; Wednesday</b>	<b>JUNE 15 &amp; 17</b>		
	Tachiwaza (standing technique)	Tai Otoshi: (Body Drop)	Victor Perez	Davor Vasiljevic
	Tachiwaza (standing technique)	Kata Guruma: (Shoulder Wheel)	Victor Perez	Davor Vasiljevic
	Newaza (grappling technique)	Ude Hishigi Juji Gatame	Victor Perez	Davor Vasiljevic
	Newaza (grappling technique)	Teach Randori applications for above armlock.	Victor Perez	Davor Vasiljevic
24	<b>Monday &amp; Wednesday</b>	<b>JUNE 22 &amp; 24</b>		
	Tachiwaza (standing technique)	Ko Uchi Gari: ( Minor / Small Inner Reap)	Davor Vasiljevic	Travis Yamanaka
	Tachiwaza (standing technique)	Tomoenage & Yoko Tomoenage: (Back & Side Sacrafice Throw)	Davor Vasiljevic	Travis Yamanaka
	Newaza (grappling technique)	Ude Hishigi Waki Gatame & Ushiro Kesa Gatame	Davor Vasiljevic	Travis Yamanaka
	Newaza (grappling technique)	Teach Randori applications. Turtle position sit through.	Davor Vasiljevic	Travis Yamanaka
25	<b>Monday &amp; Wednesday</b>	<b>JUNE 29 &amp; JULY 1</b>		
	Tachiwaza (standing technique)	Okuri Ashi Barai: (Foot Sweep)	Travis Yamanaka	Ann Berends
	Tachiwaza (standing technique)	Harai Tsurikomi Ashi: (Lifting Pulling Foot Sweep)	Travis Yamanaka	Ann Berends
	Newaza (grappling technique)	Hiza Gatame	Travis Yamanaka	Ann Berends
	Newaza (grappling technique)	Teach Randori applications for above armlock. Guard Position.	Travis Yamanaka	Ann Berends
26	<b>Monday &amp; Wednesday</b>	<b>JULY 6 &amp; 8</b>		
	Tachiwaza (standing technique)	Harai Goshi: (Hip Sweep)	Ann Berends	Felix Lanier/Doug Tono
	Tachiwaza (standing technique)	Uchi mata: (Inner Thigh Reaping Throw)	Ann Berends	Felix Lanier/Doug Tono
	Newaza (grappling technique)	Tsukomi, Ryote & Sode Guruma Jime	Ann Berends	Felix Lanier/Doug Tono
	Newaza (grappling technique)	Teach Randori applications for above chokes. Top position.	Ann Berends	Felix Lanier/Doug Tono

<b>Monday &amp; Wednesday</b>	<b>JULY 13 &amp; 15</b>	<b>PRIMARY</b>	<b>SECONDARY</b>
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# TOHKON JUDO ACADEMY

## 2020 FUNDAMENTALS CLASS SCHEDULE

27	Tachiwaza (standing technique)	O Soto Gari: (Major / Large Outer Reap)	Felix Lanier	Fernando Saz
	Tachiwaza (standing technique)	Kosoto Gari: (Minor Outer Reap)	Felix Lanier	Fernando Saz
	Newaza (grappling technique)	Kesa, Kata & Kuzure Kesa Gatame	Felix Lanier	Fernando Saz
	Newaza (grappling technique)	Turn overs from kneeling and turtle positions. 1/2 Nelson Series.	Felix Lanier	Fernando Saz
<b>Monday &amp; Wednesday</b>		<b>JULY 20 &amp; 22</b>	<b>PRIMARY</b>	<b>SECONDARY</b>
28	Tachiwaza (standing technique)	O Goshi: (Major / Large Hip Throw)	Fernando Saz	Rachel Arndt
	Tachiwaza (standing technique)	Sumi Gaeshi: (Corner Throw)	Fernando Saz	Rachel Arndt
	Newaza (grappling technique)	Yoko & Kuzure Yokoshiho Gatame	Fernando Saz	Rachel Arndt
	Newaza (grappling technique)	Turn overs from kneeling and turtle positions. Cross Face Series.	Fernando Saz	Rachel Arndt
<b>Monday &amp; Wednesday</b>		<b>July 27 &amp; 29</b>	<b>PRIMARY</b>	<b>SECONDARY</b>
29	Tachiwaza (standing technique)	Koshi Guruma: (Hip Wheel / Head Throw)	Rachel Arndt	Sandra Hauptmann
	Tachiwaza (standing technique)	Uki Waza: ( Floating Throw)	Rachel Arndt	Sandra Hauptmann
	Newaza (grappling technique)	Kata, Gyaku & Nami Juji Jime	Rachel Arndt	Sandra Hauptmann
	Newaza (grappling technique)	Teach Randori applications for above chokes. Top position.	Rachel Arndt	Sandra Hauptmann

**AUGUST 3 - SEPTEMBER 7, 2020 SUMMER VACATION - NO FUNDAMENTALS CLASS**  
**CLASSES RESUME WEDNESDAY, SEPTEMBER 5, 2018**

<b>Wednesday Only</b>		<b>SEPTEMBER 9 - WEDNESDAY</b>	<b>PRIMARY</b>	<b>SECONDARY</b>
30	Tachiwaza (standing technique)	Ippon Seoinage & Morote Seoinage (One & Two Arm Shoulder Throw)	Sandra Hauptmann	Travis Yamanaka/Doug Tono
	Tachiwaza (standing technique)	Ura nage: ( Back Throw)	Sandra Hauptmann	Travis Yamanaka/Doug Tono
	Tachiwaza (standing technique)	Yoko Guruma: ( Side Wheel)	Sandra Hauptmann	Travis Yamanaka/Doug Tono
	Newaza (grappling technique)	Ude Garami	Sandra Hauptmann	Travis Yamanaka/Doug Tono
	Newaza (grappling technique)	Teach Randori applications for above armlock. Guard & Top Position.	Sandra Hauptmann	Travis Yamanaka/Doug Tono
<b>Monday &amp; Wednesday</b>		<b>SEPTEMBER 14 &amp; 16</b>	<b>PRIMARY</b>	<b>SECONDARY</b>
31	Tachiwaza (standing technique)	De Ashi Barai: Apply (Forward Foot Sweep)	Travis Yamanaka	Omar Marquez
	Tachiwaza (standing technique)	Yoko Gake; (Side Body Drop)	Travis Yamanaka	Omar Marquez
	Newaza (grappling technique)	Kami & Kuzure Kamishiho Gatame	Travis Yamanaka	Omar Marquez
	Newaza (grappling technique)	Teach turn overs to above pins. Back knee, forward rollover.	Travis Yamanaka	Omar Marquez
<b>Monday &amp; Wednesday</b>		<b>SEPTEMBER 21 &amp; 23</b>	<b>PRIMARY</b>	<b>SECONDARY</b>
32	Tachiwaza (standing technique)	Ouchi Gari: (Major / Large Inner Reap)	Omar Marquez	David Becker
	Tachiwaza (standing technique)	Sasae Tsurikomi Ashi: ( Proping Ankle Throw)	Omar Marquez	David Becker
	Tachiwaza (standing technique)	Hiza Guruma: (Knee Wheel)	Omar Marquez	David Becker
	Newaza (grappling technique)	Hadaka, Okuri Eri & Kataha Jime	Omar Marquez	David Becker
	Newaza (grappling technique)	Teach Randori applications for above chokes from behind uke.	Omar Marquez	David Becker
<b>Monday &amp; Wednesday</b>		<b>SEPTEMBER 28 &amp; 30</b>	<b>PRIMARY</b>	<b>SECONDARY</b>
33	Tachiwaza (standing technique)	Uki Goshi: (Floating Hip Throw)	David Becker	Victor Perez
	Tachiwaza (standing technique)	Hane Goshi: (Springing Hip Throw)	David Becker	Victor Perez
	Newaza (grappling technique)	Ude Gatame	David Becker	Victor Perez
	Newaza (grappling technique)	Teach Randori applications for above armlock. From guard position.	David Becker	Victor Perez
<b>Monday &amp; Wednesday</b>		<b>OCTOBER 5 &amp; 7</b>	<b>PRIMARY</b>	<b>SECONDARY</b>
34	Tachiwaza (standing technique)	Tsurikomi Goshi: (Lift Pull Hip Throw)	Victor Perez	Doug Skites
	Tachiwaza (standing technique)	Sode Tsurikomi Goshi: (Lifting Pulling Sleeve Throw)	Victor Perez	Doug Skites
	Newaza (grappling technique)	Tate & Kuzure Tateshiho Gatame	Victor Perez	Doug Skites
	Newaza (grappling technique)	Teach turn overs to above pins. Front knee, backward rollover.	Victor Perez	Doug Skites
<b>Monday &amp; Wednesday</b>		<b>OCTOBER 12 &amp; 14</b>	<b>PRIMARY</b>	<b>SECONDARY</b>
35	Tachiwaza (standing technique)	Tai Otoshi: (Body Drop)	Doug Skites	Davor Vasijevic
	Tachiwaza (standing technique)	Kata Guruma: (Shoulder Wheel)	Doug Skites	Davor Vasijevic
	Newaza (grappling technique)	Ude Hishigi Juji Gatame	Doug Skites	Davor Vasijevic
	Newaza (grappling technique)	Teach Randori applications for above armlock.	Doug Skites	Davor Vasijevic
<b>Monday &amp; Wednesday</b>		<b>OCTOBER 19 &amp; 21</b>	<b>PRIMARY</b>	<b>SECONDARY</b>
36	Tachiwaza (standing technique)	Ko Uchi Gari: ( Minor / Small Inner Reap)	Davor Vasijevic	Rachel Arndt
	Tachiwaza (standing technique)	Tomoenage & Yoko Tomoenage: (Back & Side Sacrafice Throw)	Davor Vasijevic	Rachel Arndt
	Newaza (grappling technique)	Ude Hishigi Waki Gatame & Ushiro Kesa Gatame	Davor Vasijevic	Rachel Arndt
	Newaza (grappling technique)	Teach Randori applications. Turtle position sit through.	Davor Vasijevic	Rachel Arndt
<b>Monday &amp; Wednesday</b>		<b>OCTOBER 26 &amp; 28</b>	<b>PRIMARY</b>	<b>SECONDARY</b>
37	Tachiwaza (standing technique)	Okuri Ashi Barai: (Foot Sweep)	Rachel Arndt	Felix Lanier
	Tachiwaza (standing technique)	Harai Tsurikomi Ashi: (Lifting Pulling Foot Sweep)	Rachel Arndt	Felix Lanier
	Newaza (grappling technique)	Hiza Gatame	Rachel Arndt	Felix Lanier
	Newaza (grappling technique)	Teach Randori applications for above armlock. Guard Position.	Rachel Arndt	Felix Lanier
<b>Monday &amp; Wednesday</b>		<b>NOVEMBER 2 &amp; 4</b>	<b>PRIMARY</b>	<b>SECONDARY</b>
38	Tachiwaza (standing technique)	Harai Goshi: (Hip Sweep)	Felix Lanier	Ann Berends/Doug Tono
	Tachiwaza (standing technique)	Uchi mata: (Inner Thigh Reaping Throw)	Felix Lanier	Ann Berends/Doug Tono
	Newaza (grappling technique)	Tsukomi, Ryote & Sode Guruma Jime	Felix Lanier	Ann Berends/Doug Tono
	Newaza (grappling technique)	Teach Randori applications for above chokes. Top position.	Felix Lanier	Ann Berends/Doug Tono
<b>Monday &amp; Wednesday</b>		<b>NOVEMBER 9 &amp; 11</b>	<b>PRIMARY</b>	<b>SECONDARY</b>
39	Tachiwaza (standing technique)	O Soto Gari: (Major / Large Outer Reap)	Ann Berends	Omar Marquez
	Tachiwaza (standing technique)	Kosoto Gari: (Minor Outer Reap)	Ann Berends	Omar Marquez
	Newaza (grappling technique)	Kesa, Kata & Kuzure Kesa Gatame	Ann Berends	Omar Marquez
	Newaza (grappling technique)	Turn overs from kneeling and turtle positions. 1/2 Nelson Series.	Ann Berends	Omar Marquez

<b>Monday &amp; Wednesday</b>		<b>NOVEMBER 16 &amp; 18</b>	<b>PRIMARY</b>	<b>SECONDARY</b>
Tachiwaza (standing technique)	O Goshi: (Major / Large Hip Throw)	Omar Marquez	Sandra Hauptmann	

