



Tohkon Judo Academy

2017 FUNDAMENTALS CLASS SCHEDULE

JANUARY 8, 2017

		JANUARY 9 & 11	PRIMARY	SECONDARY
1	Monday & Wednesday			
	Tachiwaza (standing technique)	Ippon Seoinage & Morote Seoinage (One & Two Arm Shoulder Throw)	CHRIS JACKSON	BRYAN ZISES / BOB ANDREWS
	Tachiwaza (standing technique)	Ura nage: (Back Throw)	CHRIS JACKSON	BRYAN ZISES / BOB ANDREWS
	Newaza (grappling technique)	Yoko Guruma: (Side Wheel)	CHRIS JACKSON	BRYAN ZISES / MARY GAIL FORD
	Newaza (grappling technique)	Ude Garami	CHRIS JACKSON	BRYAN ZISES / MARY GAIL FORD
		Teach Randori applications for above armlock. Guard & Top Position.	CHRIS JACKSON	BRYAN ZISES / MARY GAIL FORD
2	Monday & Wednesday			
	Tachiwaza (standing technique)	De Ashi Barai: Apply (Forward Foot Sweep)	ANN BERENDS	TRAVIS YAMANAKA
	Tachiwaza (standing technique)	Yoko Gake: (Side Body Drop)	ANN BERENDS	TRAVIS YAMANAKA
	Newaza (grappling technique)	Kami & Kuzure Kamishihō Gatame	ANN BERENDS	TRAVIS YAMANAKA
	Newaza (grappling technique)	Teach turn overs to above pins. Back knee, forward rollover.	ANN BERENDS	TRAVIS YAMANAKA
3	Monday & Wednesday			
	Tachiwaza (standing technique)	Ouchi Gari: (Major / Large Inner Reap)	MOHAMMED RIM	MAX SCHNEIDER
	Tachiwaza (standing technique)	Sasae Tsurikomi Ashi: (Proping Ankle Throw)	MOHAMMED RIM	MAX SCHNEIDER
	Newaza (grappling technique)	Hiza Guruma: (Knee Wheel)	MOHAMMED RIM	MAX SCHNEIDER
	Newaza (grappling technique)	Hadaka, Okuri Eri & Kataha Jime	MOHAMMED RIM	MAX SCHNEIDER
		Teach Randori applications for above chokes from behind uke.	MOHAMMED RIM	MAX SCHNEIDER
4	Monday & Wednesday			
	Tachiwaza (standing technique)	Uki Goshi: (Floating Hip Throw)	DAVID BECKER	RABO ADIKWU
	Tachiwaza (standing technique)	Hane Goshi: (Springing Hip Throw)	DAVID BECKER	RABO ADIKWU
	Newaza (grappling technique)	Ude Gatame	DAVID BECKER	RABO ADIKWU / MARY GAIL FORD
	Newaza (grappling technique)	Teach Randori applications for above armlock. From guard position.	DAVID BECKER	RABO ADIKWU / MARY GAIL FORD
5	Monday & Wednesday			
	Tachiwaza (standing technique)	Tsurikomi Goshi: (Lift Pull Hip Throw)	DOUG SKITES	FERNANDO SAZ / BOB ANDREWS
	Tachiwaza (standing technique)	Sode Tsurikomi Goshi: (Lifting Pulling Sleeve Throw)	DOUG SKITES	FERNANDO SAZ / BOB ANDREWS
	Newaza (grappling technique)	Tate & Kuzure Tateshiho Gatame	DOUG SKITES	FERNANDO SAZ
	Newaza (grappling technique)	Teach turn overs to above pins. Front knee, backward rollover.	DOUG SKITES	FERNANDO SAZ
6	Monday & Wednesday			
	Tachiwaza (standing technique)	Tai Otoshi: (Body Drop)	FELIX LANIER	OMAR MARQUEZ
	Tachiwaza (standing technique)	Kata Guruma: (Shoulder Wheel)	FELIX LANIER	OMAR MARQUEZ
	Newaza (grappling technique)	Ude Hishigi Juji Gatame	FELIX LANIER	OMAR MARQUEZ
	Newaza (grappling technique)	Teach Randori applications for above armlock.	FELIX LANIER	OMAR MARQUEZ
7	Monday & Wednesday			
	Tachiwaza (standing technique)	Ko Uchi Gari: (Minor / Small Inner Reap)	SANDRA HAUPTMANN	CHRIS JACKSON
	Tachiwaza (standing technique)	Tomoe nage & Yoko Tomoe nage: (Back & Side Sacrifice Throw)	SANDRA HAUPTMANN	CHRIS JACKSON
	Newaza (grappling technique)	Ude Hishigi Waki Gatame & Ushiro Kesa Gatame	SANDRA HAUPTMANN	CHRIS JACKSON
	Newaza (grappling technique)	Teach Randori applications. Turtle position sit through.	SANDRA HAUPTMANN	CHRIS JACKSON
8	Monday & Wednesday			
	Tachiwaza (standing technique)	Okuri Ashi Barai: (Foot Sweep)	BRYAN ZISES	ANN BERENDS
	Tachiwaza (standing technique)	Harai Tsurikomi Ashi: (Lifting Pulling Foot Sweep)	BRYAN ZISES	ANN BERENDS
	Newaza (grappling technique)	Hiza Gatame	BRYAN ZISES	ANN BERENDS / MARY GAIL FORD
	Newaza (grappling technique)	Teach Randori applications for above armlock. Guard Position.	BRYAN ZISES	ANN BERENDS / MARY GAIL FORD
9	Monday & Wednesday			
	Tachiwaza (standing technique)	Harai Goshi: (Hip Sweep)	TRAVIS YAMANAKA	MOHAMMED RIM / BOB ANDREWS
	Tachiwaza (standing technique)	Uchi mata: (Inner Thigh Reaping Throw)	TRAVIS YAMANAKA	MOHAMMED RIM / BOB ANDREWS
	Newaza (grappling technique)	Tsukomi, Ryote & Sode Guruma Jime	TRAVIS YAMANAKA	MOHAMMED RIM
	Newaza (grappling technique)	Teach Randori applications for above chokes. Top position.	TRAVIS YAMANAKA	MOHAMMED RIM
10	Monday & Wednesday			
	Tachiwaza (standing technique)	O Soto Gari: (Major / Large Outer Reap)	MAX SCHNEIDER	DAVID BECKER
	Tachiwaza (standing technique)	Kosoto Gari: (Minor Outer Reap)	MAX SCHNEIDER	DAVID BECKER
	Newaza (grappling technique)	Kesa, Kata & Kuzure Kesa Gatame	MAX SCHNEIDER	DAVID BECKER
	Newaza (grappling technique)	Turn overs from kneeling and turtle positions. 1/2 Nelson Series.	MAX SCHNEIDER	DAVID BECKER
11	Monday & Wednesday			
	Tachiwaza (standing technique)	O Goshi: (Major / Large Hip Throw)	RABO ADIKWU	DOUG SKITES
	Tachiwaza (standing technique)	Sumi Gaeshi: (Corner Throw)	RABO ADIKWU	DOUG SKITES
	Newaza (grappling technique)	Yoko & Kuzure Yokoshiho Gatame	RABO ADIKWU	DOUG SKITES
	Newaza (grappling technique)	Turn overs from kneeling and turtle positions. Cross Face Series.	RABO ADIKWU	DOUG SKITES
12	Monday & Wednesday			
	Tachiwaza (standing technique)	Koshi Guruma: (Hip Wheel / Head Throw)	FERNANDO SAZ	FELIX LANIER
	Tachiwaza (standing technique)	Uki Waza: (Floating Throw)	FERNANDO SAZ	FELIX LANIER
	Newaza (grappling technique)	Kata, Gyaku & Nami Juji Jime	FERNANDO SAZ	FELIX LANIER
	Newaza (grappling technique)	Teach Randori applications for above chokes. Top position.	FERNANDO SAZ	FELIX LANIER
13	Monday & Wednesday			
	Tachiwaza (standing technique)	Ippon Seoinage & Morote Seoinage (One & Two Arm Shoulder Throw)	OMAR MARQUEZ	SANDRA HAUPTMANN / BOB ANDREWS
	Tachiwaza (standing technique)	Ura nage: (Back Throw)	OMAR MARQUEZ	SANDRA HAUPTMANN / BOB ANDREWS
	Tachiwaza (standing technique)	Yoko Guruma: (Side Wheel)	OMAR MARQUEZ	SANDRA HAUPTMANN / BOB ANDREWS
	Newaza (grappling technique)	Ude Garami	OMAR MARQUEZ	SANDRA HAUPTMANN / MARY GAIL FORD
		Teach Randori applications for above armlock. Guard & Top Position.	OMAR MARQUEZ	SANDRA HAUPTMANN / MARY GAIL FORD
14	Monday & Wednesday			
	Tachiwaza (standing technique)	De Ashi Barai: Apply (Forward Foot Sweep)	CHRIS JACKSON	BRYAN ZISES
	Tachiwaza (standing technique)	Yoko Gake: (Side Body Drop)	CHRIS JACKSON	BRYAN ZISES
	Newaza (grappling technique)	Kami & Kuzure Kamishihō Gatame	CHRIS JACKSON	BRYAN ZISES
	Newaza (grappling technique)	Teach turn overs to above pins. Back knee, forward rollover.	CHRIS JACKSON	BRYAN ZISES
15	Monday & Wednesday			
	Tachiwaza (standing technique)	Ouchi Gari: (Major / Large Inner Reap)	ANN BERENDS	TRAVIS YAMANAKA
	Tachiwaza (standing technique)	Sasae Tsurikomi Ashi: (Proping Ankle Throw)	ANN BERENDS	TRAVIS YAMANAKA
	Tachiwaza (standing technique)	Hiza Guruma: (Knee Wheel)	ANN BERENDS	TRAVIS YAMANAKA
	Newaza (grappling technique)	Hadaka, Okuri Eri & Kataha Jime	ANN BERENDS	TRAVIS YAMANAKA
		Teach Randori applications for above chokes from behind uke.	ANN BERENDS	TRAVIS YAMANAKA
16	Monday & Wednesday			
	Tachiwaza (standing technique)	Harai Goshi: (Hip Sweep)	MOHAMMED RIM	MAX SCHNEIDER
	Tachiwaza (standing technique)	Uchi mata: (Inner Thigh Reaping Throw)	MOHAMMED RIM	MAX SCHNEIDER



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	Newaza (grappling technique)	Tsukomi, Ryote & Sode Guruma Jime	MOHAMMED RIM	MAX SCHNEIDER	
	Newaza (grappling technique)	Teach Randori applications for above chokes. Top position.	MOHAMMED RIM	MAX SCHNEIDER	
	Monday & Wednesday	MAY 1 & 3	PRIMARY	SECONDARY	
17	Tachiwaza (standing technique)	O Soto Gari: (Major / Large Outer Reap)	DAVID BECKER	RABO ADIKWU / BOB ANDREWS	
	Tachiwaza (standing technique)	Kosoto Gari: (Minor Outer Reap)	DAVID BECKER	RABO ADIKWU / BOB ANDREWS	
	Newaza (grappling technique)	Kesa, Kata & Kuzure Kesa Gatame	DAVID BECKER	RABO ADIKWU / MARY GAIL FORD	
	Newaza (grappling technique)	Turn overs from kneeling and turtle positions. 1/2 Nelson Series.	DAVID BECKER	RABO ADIKWU / MARY GAIL FORD	
	Monday & Wednesday	MAY 8 & 10	PRIMARY	SECONDARY	
18	Tachiwaza (standing technique)	O Goshi: (Major / Large Hip Throw)	DOUG SKITES	FERNANDO SAZ	
	Tachiwaza (standing technique)	Sumi Gaeshi: (Corner Throw)	DOUG SKITES	FERNANDO SAZ	
	Newaza (grappling technique)	Yoko & Kuzure Yokoshiho Gatame	DOUG SKITES	FERNANDO SAZ	
	Newaza (grappling technique)	Turn overs from kneeling and turtle positions. Cross Face Series.	DOUG SKITES	FERNANDO SAZ	
	Monday & Wednesday	May 15 & 17	PRIMARY	SECONDARY	
19	Tachiwaza (standing technique)	Koshi Guruma: (Hip Wheel / Head Throw)	FELIX LANIER	OMAR MARQUEZ	
	Tachiwaza (standing technique)	Uki Waza: (Floating Throw)	FELIX LANIER	OMAR MARQUEZ	
	Newaza (grappling technique)	Kata, Gyaku & Nami Juji Jime	FELIX LANIER	OMAR MARQUEZ	
	Newaza (grappling technique)	Teach Randori applications for above chokes. Top position.	FELIX LANIER	OMAR MARQUEZ	
	Monday & Wednesday	May 22 & 24	PRIMARY	SECONDARY	
20	Tachiwaza (standing technique)	Ippon Seoinage & Morote Seoinage (One & Two Arm Shoulder Throw)	SANDRA HAUPTMANN	CHRIS JACKSON	
	Tachiwaza (standing technique)	Ura nage: (Back Throw)	SANDRA HAUPTMANN	CHRIS JACKSON	
	Tachiwaza (standing technique)	Yoko Guruma: (Side Wheel)	SANDRA HAUPTMANN	CHRIS JACKSON	
	Newaza (grappling technique)	Ude Garami	SANDRA HAUPTMANN	CHRIS JACKSON	
	Newaza (grappling technique)	Teach Randori applications for above armlock. Guard & Top Position.	SANDRA HAUPTMANN	CHRIS JACKSON	
	Wednesday Only	May 29 - NO JUDO MEMORIAL DAY & MAY 31	PRIMARY	SECONDARY	
21	Tachiwaza (standing technique)	De Ashi Barai: Apply (Forward Foot Sweep)	BRYAN ZISES	ANN BERENDS	
	Tachiwaza (standing technique)	Yoko Gake: (Side Body Drop)	BRYAN ZISES	ANN BERENDS	
	Newaza (grappling technique)	Kami & Kuzure Kamishiho Gatame	BRYAN ZISES	ANN BERENDS	
	Newaza (grappling technique)	Teach turn overs to above pins. Back knee, forward rollover.	BRYAN ZISES	ANN BERENDS	
	Monday & Wednesday	JUNE 5 & 7	PRIMARY	SECONDARY	
22	Tachiwaza (standing technique)	Ouchi Gari: (Major / Large Inner Reap)	TRAVIS YAMANAKA	MOHAMMED RIM / BOB ANDREWS	
	Tachiwaza (standing technique)	Sasae Tsurikomi Ashi: (Proping Ankle Throw)	TRAVIS YAMANAKA	MOHAMMED RIM / BOB ANDREWS	
	Tachiwaza (standing technique)	Hiza Guruma: (Knee Wheel)	TRAVIS YAMANAKA	MOHAMMED RIM / MARY GAIL FORD	
	Newaza (grappling technique)	Hadaka, Okuri Eri & Kataha Jime	TRAVIS YAMANAKA	MOHAMMED RIM / MARY GAIL FORD	
	Newaza (grappling technique)	Teach Randori applications for above chokes from behind uke.	TRAVIS YAMANAKA	MOHAMMED RIM / MARY GAIL FORD	
	Monday & Wednesday	JUNE 12 & 14	PRIMARY	SECONDARY	
23	Tachiwaza (standing technique)	Uki Goshi: (Floating Hip Throw)	MAX SCHNEIDER	DAVID BECKER	
	Tachiwaza (standing technique)	Hane Goshi: (Springing Hip Throw)	MAX SCHNEIDER	DAVID BECKER	
	Newaza (grappling technique)	Ude Gatame	MAX SCHNEIDER	DAVID BECKER	
	Newaza (grappling technique)	Teach Randori applications for above armlock. From guard position.	MAX SCHNEIDER	DAVID BECKER	
	Monday & Wednesday	JUNE 19 & 21	PRIMARY	SECONDARY	
24	Tachiwaza (standing technique)	Tsurikomi Goshi: (Lift Pull Hip Throw)	RABO ADIKWU	DOUG SKITES	
	Tachiwaza (standing technique)	Sode Tsurikomi Goshi: (Lifting Pulling Sleeve Throw)	RABO ADIKWU	DOUG SKITES	
	Newaza (grappling technique)	Tate & Kuzure Tateshiho Gatame	RABO ADIKWU	DOUG SKITES	
	Newaza (grappling technique)	Teach turn overs to above pins. Front knee, backward rollover.	RABO ADIKWU	DOUG SKITES	
	Monday & Wednesday	JUNE 26 & 28	PRIMARY	SECONDARY	
25	Tachiwaza (standing technique)	Tai Otoshi: (Body Drop)	FERNANDO SAZ	FELIX LANIER	
	Tachiwaza (standing technique)	Kata Guruma: (Shoulder Wheel)	FERNANDO SAZ	FELIX LANIER	
	Newaza (grappling technique)	Ude Hishigi Juji Gatame	FERNANDO SAZ	FELIX LANIER	
	Newaza (grappling technique)	Teach Randori applications for above armlock.	FERNANDO SAZ	FELIX LANIER	
	Monday & Wednesday	JULY 3 & 5	PRIMARY	SECONDARY	
26	Tachiwaza (standing technique)	Ko Uchi Gari: (Minor / Small Inner Reap)	OMAR MARQUEZ	SANDRA HAUPTMANN / BOB ANDREWS	
	Tachiwaza (standing technique)	Tomoenage & Yoko Tomoenage: (Back & Side Sacrafice Throw)	OMAR MARQUEZ	SANDRA HAUPTMANN / BOB ANDREWS	
	Newaza (grappling technique)	Ude Hishigi Waki Gatame & Ushiro Kesa Gatame	OMAR MARQUEZ	SANDRA HAUPTMANN / MARY GAIL FORD	
	Newaza (grappling technique)	Teach Randori applications. Turtle position sit through.	OMAR MARQUEZ	SANDRA HAUPTMANN / MARY GAIL FORD	
	Monday & Wednesday	JULY 10 & 12	PRIMARY	SECONDARY	
27	Tachiwaza (standing technique)	Okuri Ashi Barai: (Foot Sweep)	CHRIS JACKSON	BRYAN ZISES	
	Tachiwaza (standing technique)	Harai Tsurikomi Ashi: (Lifting Pulling Foot Sweep)	CHRIS JACKSON	BRYAN ZISES	
	Newaza (grappling technique)	Hiza Gatame	CHRIS JACKSON	BRYAN ZISES	
	Newaza (grappling technique)	Teach Randori applications for above armlock. Guard Position.	CHRIS JACKSON	BRYAN ZISES	
	Monday & Wednesday	JULY 17 & 19	PRIMARY	SECONDARY	
28	Tachiwaza (standing technique)	Harai Goshi: (Hip Sweep)	ANN BERENDS	TRAVIS YAMANAKA	
	Tachiwaza (standing technique)	Uchi mata: (Inner Thigh Reaping Throw)	ANN BERENDS	TRAVIS YAMANAKA	
	Newaza (grappling technique)	Tsukomi, Ryote & Sode Guruma Jime	ANN BERENDS	TRAVIS YAMANAKA	
	Newaza (grappling technique)	Teach Randori applications for above chokes. Top position.	ANN BERENDS	TRAVIS YAMANAKA	
	Monday & Wednesday	July 24 & 26	PRIMARY	SECONDARY	
29	Tachiwaza (standing technique)	O Soto Gari: (Major / Large Outer Reap)	MOHAMMED RIM	MAX SCHNEIDER	
	Tachiwaza (standing technique)	Kosoto Gari: (Minor Outer Reap)	MOHAMMED RIM	MAX SCHNEIDER	
	Newaza (grappling technique)	Kesa, Kata & Kuzure Kesa Gatame	MOHAMMED RIM	MAX SCHNEIDER	
	Newaza (grappling technique)	Turn overs from kneeling and turtle positions. 1/2 Nelson Series.	MOHAMMED RIM	MAX SCHNEIDER	
	Monday & Wednesday	JULY 31 & AUGUST 2 (LAST CLASS FOR SUMMER)	PRIMARY	SECONDARY	
30	Tachiwaza (standing technique)	O Goshi: (Major / Large Hip Throw)	DAVID BECKER	RABO ADIKWU	
	Tachiwaza (standing technique)	Sumi Gaeshi: (Corner Throw)	DAVID BECKER	RABO ADIKWU	
	Newaza (grappling technique)	Yoko & Kuzure Yokoshiho Gatame	DAVID BECKER	RABO ADIKWU	
	Newaza (grappling technique)	Turn overs from kneeling and turtle positions. Cross Face Series.	DAVID BECKER	RABO ADIKWU	
AUGUST 3 - SEPTEMBER 5, 2017 SUMMER VACATION - NO FUNDAMENTALS CLASS					
	Wednesday Only	SEPTEMBER 6	PRIMARY	SECONDARY	
31	Tachiwaza (standing technique)	Koshi Guruma: (Hip Wheel / Head Throw)	DOUG SKITES	FERNANDO SAZ / MARY GAIL FORD	
	Tachiwaza (standing technique)	Uki Waza: (Floating Throw)	DOUG SKITES	FERNANDO SAZ / MARY GAIL FORD	
	Newaza (grappling technique)	Kata, Gyaku & Nami Juji Jime	DOUG SKITES	FERNANDO SAZ / MARY GAIL FORD	
	Newaza (grappling technique)	Teach Randori applications for above chokes. Top position.	DOUG SKITES	FERNANDO SAZ / MARY GAIL FORD	
	Monday & Wednesday	DEPTEMBER 11 & 13	PRIMARY	SECONDARY	
	Tachiwaza (standing technique)	Ippon Seoinage & Morote Seoinage (One & Two Arm Shoulder Throw)	FELIX LANIER	OMAR MARQUEZ / BOB ANDREWS	



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32	Tachiwaza (standing technique)	Ura nage: (Back Throw)	FELIX LANIER	OMAR MARQUEZ / BOB ANDREWS
	Tachiwaza (standing technique)	Yoko Guruma: (Side Wheel)	FELIX LANIER	OMAR MARQUEZ / BOB ANDREWS
	Newaza (grappling technique)	Ude Garami	FELIX LANIER	OMAR MARQUEZ
	Newaza (grappling technique)	Teach Randori applications for above armlock. Guard & Top Position.	FELIX LANIER	OMAR MARQUEZ
Monday & Wednesday		SEPTEMBER 18 & 20	PRIMARY	SECONDARY
33	Tachiwaza (standing technique)	De Ashi Barai: Apply (Forward Foot Sweep)	SANDRA HAUPTMANN	CHRIS JACKSON
	Tachiwaza (standing technique)	Yoko Gake: (Side Body Drop)	SANDRA HAUPTMANN	CHRIS JACKSON
	Newaza (grappling technique)	Kami & Kuzure Kamishiho Gatame	SANDRA HAUPTMANN	CHRIS JACKSON
	Newaza (grappling technique)	Teach turn overs to above pins. Back knee, forward rollover.	SANDRA HAUPTMANN	CHRIS JACKSON
Monday & Wednesday		SEPTEMBER 25 & 27	PRIMARY	SECONDARY
34	Tachiwaza (standing technique)	Ouchi Gari: (Major / Large Inner Reap)	BRYAN ZISES	ANN BERENDS
	Tachiwaza (standing technique)	Sasae Tsurikomi Ashi: (Propping Ankle Throw)	BRYAN ZISES	ANN BERENDS
	Tachiwaza (standing technique)	Hiza Guruma: (Knee Wheel)	BRYAN ZISES	ANN BERENDS
	Newaza (grappling technique)	Hadaka, Okuri Eri & Kataha Jime	BRYAN ZISES	ANN BERENDS
	Newaza (grappling technique)	Teach Randori applications for above chokes from behind uke.	BRYAN ZISES	ANN BERENDS
Monday & Wednesday		OCTOBER 2 & 4	PRIMARY	SECONDARY
35	Tachiwaza (standing technique)	Uki Goshi: (Floating Hip Throw)	TRAVIS YAMANAKA	MOHAMMED RIM / BOB ANDREWS
	Tachiwaza (standing technique)	Hane Goshi: (Springing Hip Throw)	TRAVIS YAMANAKA	MOHAMMED RIM / BOB ANDREWS
	Newaza (grappling technique)	Ude Gatame	TRAVIS YAMANAKA	MOHAMMED RIM / MARY GAIL FORD
	Newaza (grappling technique)	Teach Randori applications for above armlock. From guard position.	TRAVIS YAMANAKA	MOHAMMED RIM / MARY GAIL FORD
Monday & Wednesday		OCTOBER 9 & 11	PRIMARY	SECONDARY
36	Tachiwaza (standing technique)	Tsurikomi Goshi: (Lift Pull Hip Throw)	MAX SCHNEIDER	DAVID BECKER
	Tachiwaza (standing technique)	Sode Tsurikomi Goshi: (Lifting Pulling Sleeve Throw)	MAX SCHNEIDER	DAVID BECKER
	Newaza (grappling technique)	Tate & Kuzure Tateshiho Gatame	MAX SCHNEIDER	DAVID BECKER
	Newaza (grappling technique)	Teach turn overs to above pins. Front knee, backward rollover.	MAX SCHNEIDER	DAVID BECKER
Monday & Wednesday		OCTOBER 16 & 18	PRIMARY	DOUG SKITES
37	Tachiwaza (standing technique)	Tai Otoshi: (Body Drop)	RABO ADIKWU	DOUG SKITES
	Tachiwaza (standing technique)	Kata Guruma: (Shoulder Wheel)	RABO ADIKWU	DOUG SKITES
	Newaza (grappling technique)	Ude Hishigi Juji Gatame	RABO ADIKWU	DOUG SKITES
	Newaza (grappling technique)	Teach Randori applications for above armlock.	RABO ADIKWU	DOUG SKITES
Monday & Wednesday		OCTOBER 23 & 25	PRIMARY	FELIX LANIER
38	Tachiwaza (standing technique)	Ko Uchi Gari: (Minor / Small Inner Reap)	FERNANDO SAZ	FELIX LANIER
	Tachiwaza (standing technique)	Tomoenage & Yoko Tomoenage: (Back & Side Sacrifice Throw)	FERNANDO SAZ	FELIX LANIER
	Newaza (grappling technique)	Ude Hishigi Waki Gatame & Ushiro Kesa Gatame	FERNANDO SAZ	FELIX LANIER
	Newaza (grappling technique)	Teach Randori applications. Turtle position sit through.	FERNANDO SAZ	FELIX LANIER
Monday & Wednesday		OCTOBER 30 & NOVEMBER 1	PRIMARY	SECONDARY
39	Tachiwaza (standing technique)	Okuri Ashi Barai: (Foot Sweep)	OMAR MARQUEZ	SANDRA HAUPTMANN
	Tachiwaza (standing technique)	Harai Tsurikomi Ashi: (Lifting Pulling Foot Sweep)	OMAR MARQUEZ	SANDRA HAUPTMANN
	Newaza (grappling technique)	Hiza Gatame	OMAR MARQUEZ	SANDRA HAUPTMANN / MARY GAIL FORD
	Newaza (grappling technique)	Teach Randori applications for above armlock. Guard Position.	OMAR MARQUEZ	SANDRA HAUPTMANN / MARY GAIL FORD
Monday & Wednesday		NOVEMBER 6 & 8	PRIMARY	SECONDARY
40	Tachiwaza (standing technique)	Harai Goshi: (Hip Sweep)	CHRIS JACKSON	BRYAN ZISES / BOB ANDREWS
	Tachiwaza (standing technique)	Uchi mata: (Inner Thigh Reaping Throw)	CHRIS JACKSON	BRYAN ZISES / BOB ANDREWS
	Newaza (grappling technique)	Tsukomi, Ryote & Sode Guruma Jime	CHRIS JACKSON	BRYAN ZISES
	Newaza (grappling technique)	Teach Randori applications for above chokes. Top position.	CHRIS JACKSON	BRYAN ZISES
Monday & Wednesday		NOVEMBER 13 & 15	PRIMARY	SECONDARY
41	Tachiwaza (standing technique)	O Soto Gari: (Major / Large Outer Reap)	ANN BERENDS	TRAVIS YAMANAKA
	Tachiwaza (standing technique)	Kosoto Gari: (Minor Outer Reap)	ANN BERENDS	TRAVIS YAMANAKA
	Newaza (grappling technique)	Kesa, Kata & Kuzure Kesa Gatame	ANN BERENDS	TRAVIS YAMANAKA
	Newaza (grappling technique)	Turn overs from kneeling and turtle positions. 1/2 Nelson Series.	ANN BERENDS	TRAVIS YAMANAKA
Monday & Wednesday		NOVEMBER 20 & 22	PRIMARY	SECONDARY
42	Tachiwaza (standing technique)	O Goshi: (Major / Large Hip Throw)	MOHAMMED RIM	MAX SCHNEIDER
	Tachiwaza (standing technique)	Sumi Gaeshi: (Corner Throw)	MOHAMMED RIM	MAX SCHNEIDER
	Newaza (grappling technique)	Yoko & Kuzure Yokoshiho Gatame	MOHAMMED RIM	MAX SCHNEIDER
	Newaza (grappling technique)	Turn overs from kneeling and turtle positions. Cross Face Series.	MOHAMMED RIM	MAX SCHNEIDER
Monday & Wednesday		NOVEMBER 27 & 29	PRIMARY	SECONDARY
43	Tachiwaza (standing technique)	Koshi Guruma: (Hip Wheel / Head Throw)	DAVID BECKER	RABO ADIKWU
	Tachiwaza (standing technique)	Uki Waza: (Floating Throw)	DAVID BECKER	RABO ADIKWU
	Newaza (grappling technique)	Kata, Gyaku & Nami Juji Jime	DAVID BECKER	RABO ADIKWU
	Newaza (grappling technique)	Teach Randori applications for above chokes. Top position.	DAVID BECKER	RABO ADIKWU
Monday & Wednesday		DECEMBER 4 & 6	PRIMARY	SECONDARY
44	Tachiwaza (standing technique)	Ippon Seoinage & Morote Seoinage (One & Two Arm Shoulder Throw)	DOUG SKITES	FERNANDO SAZ / BOB ANDREWS
	Tachiwaza (standing technique)	Ura nage: (Back Throw)	DOUG SKITES	FERNANDO SAZ / BOB ANDREWS
	Tachiwaza (standing technique)	Yoko Guruma: (Side Wheel)	DOUG SKITES	FERNANDO SAZ / MARY GAIL FORD
	Newaza (grappling technique)	Ude Garami	DOUG SKITES	FERNANDO SAZ / MARY GAIL FORD
	Newaza (grappling technique)	Teach Randori applications for above armlock. Guard & Top Position.	DOUG SKITES	FERNANDO SAZ
Monday & Wednesday		DECEMBER 11 & 13	PRIMARY	SECONDARY
45	Tachiwaza (standing technique)	De Ashi Barai: Apply (Forward Foot Sweep)	FELIX LANIER	OMAR MARQUEZ
	Tachiwaza (standing technique)	Yoko Gake: (Side Body Drop)	FELIX LANIER	OMAR MARQUEZ
	Newaza (grappling technique)	Kami & Kuzure Kamishiho Gatame	FELIX LANIER	OMAR MARQUEZ
	Newaza (grappling technique)	Teach turn overs to above pins. Back knee, forward rollover.	FELIX LANIER	OMAR MARQUEZ
Monday & Wednesday		DECEMBER 18 & 20 (LAST CLASS OF 2017)	PRIMARY	SECONDARY
46	Tachiwaza (standing technique)	De Ashi Barai: Apply (Forward Foot Sweep)	SANDRA HAUPTMANN	CHRIS JACKSON
	Tachiwaza (standing technique)	Yoko Gake: (Side Body Drop)	SANDRA HAUPTMANN	CHRIS JACKSON
	Newaza (grappling technique)	Kami & Kuzure Kamishiho Gatame	SANDRA HAUPTMANN	CHRIS JACKSON
	Newaza (grappling technique)	Teach turn overs to above pins. Back knee, forward rollover.	SANDRA HAUPTMANN	CHRIS JACKSON